



Education

Sport and Outdoor Recreation

Including double degrees with
Business and Education



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All work and all play



The sport and outdoor recreation programs at Monash are the starting blocks for many diverse careers.

By combining academic studies with real world experience, you can become an expert in physical education, outdoor education, sport, outdoor recreation, movement or environmental and community studies.

Our programs give you the foundation to become a safe, caring and capable sport and outdoor professional. You will be taught by leading experts and explore diverse study areas such as: outdoor leadership and programming, experiential environmental and adventure education, community and lifespan physical activity and wellness, biophysics and coaching.

You also have the option to complement your qualification with another degree. With three double degree options to choose from, you can expand your career options, explore new study pathways and establish your specialist skills in a different area.

The ball is in your court. Discover what sport and outdoor recreation at Monash has to offer you.

Welcome to a fast-growing industry with endless career possibilities

Are you passionate about the world outside and issues of physical activity, health and sustainability?

Sport and outdoor recreation leads to a range of satisfying and challenging careers. You will enter a world where community leaders are seeking to get their citizens more active, where schools are on the lookout for bright new educators and where physical and outdoor activities are more diverse than ever before.

You can study a Bachelor of Sport and Outdoor Recreation and finish in three years full-time, or combine it with either a Bachelor of Education (Primary or Secondary) or Bachelor of Business and make it a four-year full-time double degree.

Career options

A Bachelor of Sport and Outdoor Recreation prepares you for:

Sports management, sport and outdoor recreation, ecotourism, adventure travel, sports training and development, recreation and leisure, commercial recreation and health promotion.

Combined with a Bachelor of Business, you can add:

Sports administration, tourism, sports marketing, event management and a range of business related careers.

Combined with a Bachelor of Education (Primary or Secondary), you can add:

Primary or secondary teaching with specialist qualifications in physical education, outdoor education or another specialist teaching area such as accounting, history or biology.

Go the extra mile

Finishing your bachelor's degree doesn't mean your study challenges must end. Many students are surprised at how much they enjoy learning and choose to continue studying. You might look at becoming more specialised in your qualifications and expertise. Or you might have a project in mind that can only be realised with more research.

Once you complete your undergraduate degree, you can look to progress into honours, master's, and ultimately, doctorate level courses. Undergraduate students can get a taste for research by assisting Faculty staff and postgraduate students. Some of the areas our researchers investigate include:

- children's active lifestyles in the school community
- learning with nature's slow rhythms
- walking to school for healthier and sustainable living
- transforming playgrounds for learning
- walking as recreation – especially in the wild.

Monash research contributes knowledge and ideas to benefit the community and its students. To learn more about our current research activities, visit: www.education.monash.edu/research



Course structure

This is a general outline of the Sport and Outdoor Recreation and Education units you are likely to study in an Education double degree. It should be used as a guide only, as individual courses have different requirements.

For more information visit: www.education.monash.edu/courses

Year level	Education practicum	BSOR Experiential Learning Program	Units studied	
First year	10 days	16-20 days	Education degree	Sport and Outdoor Recreation degree
Second year	10-15 days	16-20 days	Education degree	Sport and Outdoor Recreation degree
Third year	10-15 days	8-25 days	Education degree	Sport and Outdoor Recreation degree
Fourth year	40-50 days	0-20 days	Education degree	Sport and Outdoor Recreation degree



Bachelor of Sport and Outdoor Recreation

Course code: 2069

Duration: Three years full-time.

Campus: Peninsula.

VCE prerequisites: Units 1 and 2 – two units of mathematics (any) or Units 3 and 4 – mathematics (any). Units 3 and 4 – a study score of at least 30 in English (ESL) or 25 in any other English.

IB prerequisites: A score of at least 4 in English SL or 3 in English HL or 5 in English B SL or 4 in English B HL, and a score of at least 3 in any mathematics subject.

VTAC Non Year 12 applicants only:

Complete and submit a VTAC Pi form detailing relevant work experience, community involvement and evidence of how you have fulfilled the equivalent of the listed mathematics prerequisite units.

Alternative pathway: Students can enter the Bachelor of Sport and Outdoor Recreation by first completing the Diploma of Tertiary Studies (DoTS) offered by the Faculty of Arts. Applications are lodged through VTAC. For more information about this program, visit: www.arts.monash.edu/samss/dots

More and more people are now embracing the difference that sport, recreation and health can make to their lives. This makes sport and recreation one of the fastest growing industries of the 21st century.

The Bachelor of Sport and Outdoor Recreation (BSOR) will prepare you for many exciting careers in this diverse field. It is suited to people with a passion for sport and outdoor recreation and for anyone interested in the relationship between sport, recreation, health and wellbeing, the outdoor environment, sustainability and leadership.

Professional placements and fieldwork

Throughout the program, you will combine rigorous academic study with professional placements and fieldwork. These hands-on experiences will develop and reinforce your classroom knowledge. What you learn, you put into action. Literally.

Professional placements are conducted in a range of settings such as community physical activity and wellness, camp planning, and sport education. Fieldwork includes experiences such as wilderness expeditions, sea kayaking and coastal activities. All classroom and fieldwork experiences will give you the opportunity to take advantage of our dedicated health and wellbeing precinct, and state-of-the-art sporting and outdoor recreation facilities.

You also have the option to broaden your learning by pursuing a minor sequence (four units) in another discipline. This will allow you to acquire knowledge in another area of interest – such as Education, Science, Arts or Business.

Study pathways

Once you complete the single degree, you can continue to a Graduate Entry Teaching program and qualify to teach physical education and outdoor education in primary or secondary schools. If you are interested in secondary school teaching, you will need to complete a sequence of units that meet secondary specialist teaching area requirements. The course can also lead to further study and careers in sport and recreation research. The Faculty offers several pathways into higher degrees by research. To find out more about further study, visit: www.education.monash.edu

Career options

Graduates pursue exciting careers in the rapidly expanding sport and outdoor recreation industry. They work in areas such as: community sport and coaching, local government, sport and outdoor recreation, sports training and development, recreation and leisure, sports marketing and administration and commercial recreation.

Graduate profile Francis Chen

Bachelor of Sport and Outdoor Recreation

After completing a Diploma in IT in his home country, Singapore, Francis decided to pursue his passion for the outdoors. So he moved to Australia to study a Bachelor of Sport and Outdoor Recreation at Monash University.

After graduating in 2004, he found himself gravitating towards outdoor experiential learning environments. Recognising that sharing his passion for the outdoors with others was his chosen path, he returned to Monash to gain formal teaching qualifications.

Francis completed a Graduate Diploma of Education (Secondary) in 2007 and is now teaching at the Alpine School Campus – School for Student Leadership.

“I am very fortunate to work at the Alpine School, nestled in the beautiful Victorian Alps,” he says. “The school is renowned for experiential learning in the outdoors. It combines real life learning with the most important ingredient of all – enjoyment.”



Bachelor of Business/Bachelor of Sport and Outdoor Recreation

Course code: 3749

Duration: Four years full-time.

Campus: Peninsula.

VCE prerequisites: Units 3 and 4 – a study score of at least 25 in mathematics (any). Units 3 and 4 – a study score of at least 30 in English (ESL) or 25 in any other English.

IB prerequisites: A score of at least 4 in English SL or 3 in English HL or 5 in English B SL or 4 in English B HL, and a score of at least 4 in mathematics SL or 4 in further mathematics SL or 4 in mathematical studies SL or 3 in mathematics HL or 3 in maths case HL.

VTAC Non Year 12 applicants only:

Complete and submit a VTAC Pi form detailing relevant work experience, community involvement and evidence of how you have fulfilled the equivalent of the listed mathematics prerequisite units.

Alternative pathway: Students can enter the Bachelor of Business/Bachelor of Sport and Outdoor Recreation by first completing the Diploma of Tertiary Studies (DoTS) offered by the Faculty of Arts. Applications are lodged through VTAC. For more information about this program, visit: www.arts.monash.edu/samss/dots

Bachelor of Business

This highly applied Business degree includes an internship, work integrated projects and problem solving components. You will work in small groups to explore challenging, open-ended problems – and your teachers will facilitate your learning. This approach is known as Problem Based Learning (PBL). It will enhance your knowledge, develop your teamwork and communication skills, and build your self-directed learning abilities.

You will complete 16 units including the following core Business units:

- business statistics
- microeconomics
- principles of accounting and finance
- commercial law
- introduction to management
- marketing theory and practice.

You will also complete a major (eight unit) sequence in one of three areas of study and two Business electives. These areas of study include:

- business strategy
- sports management
- tourism.

Professional recognition

Professional recognition is the formal acknowledgement of your professional status. In some cases, it gives you the right to practise in the profession of your choice.

Professional organisations which recognise the Bachelor of Business include:

- Australian Institute of Management
- Australian Marketing Institute
- CPA Australia
- National Institute of Accountants
- The Institute of Chartered Accountants in Australia.

Students are advised to note the specific subject requirements for each professional body. For more information visit:

www.buseco.monash.edu/esg/asu/publications/professional-recognition.html

Bachelor of Sport and Outdoor Recreation

The sport and outdoor recreation component combines in-depth academic study with professional placements and practical fieldwork. See the previous page for more information about the sport and outdoor recreation component of this double degree.

Career options

Graduates have qualifications to secure business-related roles within the sport and outdoor industry. They work in fields such as: sports management and marketing, sports training and development, recreation and leisure, event management and commercial recreation. Depending on chosen specialisations, graduates can also pursue roles in business, the public sector and international organisations.



Graduate profile

Elise Cooper

Bachelor of Business/Bachelor of Sport and Outdoor Recreation

After graduating Elise reflected on her university experience. “The course got me outdoors doing things that are different from my everyday life. It taught me a lot about myself, opened my eyes to new issues and prepared me for a career in sports management – and anything to do with sport or outdoor recreation,” says Elise.

Elise is now a Sports Development Officer at Leisure Link Up. Leisure Link Up is the Access for All Abilities provider for the Frankston, Dandenong, Kingston and Mornington Peninsula City Councils. Access for All Abilities is a Victoria-wide initiative funded by Sport and Recreation Victoria.

“I help people of all abilities, cultures and nationalities link in with sporting programs in the wider community,” says Elise. “We connect individuals and groups to existing programs – and if one isn’t available we create a program for them to be part of.”

“I love my job. I’ve met many inspiring people and I’ve been given many exciting opportunities. Recently I worked with AFL Victoria to create the first All Abilities Boundary Umpiring Course. I am looking forward to many more new experiences that this role will offer me.”

Bachelor of Sport and Outdoor Recreation/Ba

Course code: Primary – 2070,
Secondary – 3718

Duration: Primary – four years full-time.

Secondary – equivalent to 4.25 years of full-time study but completed in four calendar years.

Campus: Primary – Peninsula.

Secondary – Peninsula/Clayton (SOR units taken at Peninsula, Secondary Education units taken at Clayton).

VCE prerequisites: Units 1 and 2 – two units (any study combination) of general mathematics or mathematical methods (CAS) or Units 3 and 4 – mathematics (any). Units 3 and 4 – a study score of at least 30 in English (ESL) or 25 in any other English.

IB prerequisites: A score of at least 4 in English SL or 3 in English HL or 5 in English B SL or 4 in English B HL, and a score of at least 3 in any mathematics subject.

VTAC Non Year 12 applicants only: Complete and submit a VTAC Pi form detailing relevant work experience, community involvement and evidence of how you have fulfilled the equivalent of the listed mathematics prerequisite units.

Alternative pathway: Students can enter the Bachelor of Sport and Outdoor Recreation/Bachelor of Education by first completing the Diploma of Tertiary Studies offered by the Faculty of Arts. Applications are lodged through VTAC. For more information about this program, visit: www.arts.monash.edu/samss/dots

Now you can combine your passion for sport and outdoor recreation with a rewarding career as an educator. This double degree allows you to combine studies in sport and outdoor recreation with the theory and practice of teaching.



Student profile

Ryan Lucas

Bachelor of Sport and Outdoor Recreation/Bachelor of Education (Secondary)

After starting a Science degree, Ryan believed his path lay in another direction. He considered his skills, his hobbies, his strengths and most importantly, his passions. “When my list included academia, sport, music and interacting with young people, it became clear that I wanted to become a teacher,” says Ryan.

Now in his final year, Ryan is enjoying both the academic and practical aspects of his double degree. “The course has taught me a lot about myself and my personal strengths and goals. I really value the friendships I’m making and the relationships I’m forging with Monash staff. The field experiences and placements offer many exciting travel and career opportunities.”

So what’s next? Ultimately Ryan wants to work in the outdoor education industry. But first he plans to volunteer for Australian Youth Ambassadors for Development (AYAD) and join other skilled young Australians volunteering in Asia, the Pacific and Africa.

Graduates will be confident and competent educators who are able to specialise in physical education and outdoor education. You will also be qualified to work in a range of positions in the sport and outdoor recreation industries.

The Sport and Outdoor Recreation program gives you a deep understanding of the relationships between movement, recreation, health and wellbeing, physical education, leadership and the environment.

You will complete core Sport and Outdoor Recreation units including: fitness and conditioning, expeditionary learning, place and nature studies, dance, camp planning and advanced outdoor recreation practice. You will also undertake professional placements and practical fieldwork to reinforce and develop your classroom knowledge.

The Education degree combines a comprehensive knowledge of education theory and practice, with practical teaching experience to ensure you graduate with confidence.

You can select a pathway from one of four streams:

- primary
- secondary (physical education and outdoor education)
- secondary (physical education and other specialist teaching area)
- secondary (outdoor education and other specialist teaching area).

Primary Education

Combining studies in Sport and Outdoor Recreation with those covering the theory and practice of teaching, this double degree will enable you to teach in primary schools with specialist qualifications in physical and outdoor education.

The core units of the Primary Education degree focus on teaching and learning in a social setting. Learning areas include: arts, English, mathematics, health and physical education, sustainability and wellbeing, science and technology.



Bachelor of Education (Primary or Secondary)



Secondary Education

Core Secondary Education studies include: adolescent learning, curriculum development, assessment, language and literacy, plus two specialist teaching areas.

Students choose their specialist teaching areas from three study streams. The physical education and outdoor education stream qualifies you to teach both of these disciplines at all levels of secondary schooling. If you choose one of the multidisciplinary streams, your specialist teaching areas will be either physical education and one other discipline – or outdoor education and one other discipline. Other disciplines include: accounting, biology, chemistry, computing/IT, economics, history, mathematics, media studies, politics and psychology. The multidisciplinary streams broaden your career options and qualify you to teach in areas other than physical and/or outdoor education.

For more information visit:
www.education.monash.edu/units/secondary-specialisms.html

Professional placements and fieldwork

To solidify your theoretical base, you will also gain practical classroom teaching experience. Professional placements will be available in schools and other relevant environments – and may include overseas locations.

Each placement will give you hands-on teaching experience and help you integrate theory with the practical aspects of teaching.

For both Primary and Secondary Education options, you will undertake a minimum of 80 days of satisfactory professional placement over the four year program. The duration of placements vary over the program - and typically increases in line with your skills, knowledge and confidence. By the end of your professional placements, you will be experienced teaching in front of a class and ready to start your teaching career.

The Faculty's dedicated Partnerships and Professional Placements Office organises all placements.

You also need to successfully complete the outdoor experiences and physical activity requirements of each unit relating to your Sport and Outdoor Recreation degree. You will undertake a minimum of approximately 40–60 days over the program.

Professional placements are conducted in areas such as community physical activity and wellness, camp planning and sport education. Fieldwork experiences include wilderness expeditions, sea kayaking and coastal activities such as snorkelling.

All experiences will enable you to take advantage of the vast sporting and outdoor recreation facilities available at Monash.

Career options

Graduates will be eligible to seek registration with the appropriate authorities to teach in Victorian primary or secondary schools. Primary and Secondary Education degree graduates will be qualified as physical education and outdoor education teachers (depending on the stream studied). Secondary Education degree graduates may also qualify for an alternative secondary specialist teaching area.

Graduates wishing to teach interstate or overseas are advised to check registration requirements with local authorities. For more information visit: www.vit.vic.edu.au

Graduates may also pursue careers in sports and outdoor education related fields including: sports management, outdoor recreation, sports training and development, recreation and leisure, commercial recreation and tourism.



Why study at Monash?

Sport and outdoor recreation students discover a rich academic environment, opportunities for scholarships and travel, and a vibrant campus life.

Health and wellbeing

In 2012 Monash introduced a new \$12.8 million activity and recreation centre at the Peninsula campus. The six-star energy rated Monash Peninsula Activity and Recreation Centre (MPARC) provides state-of-the-art sporting facilities as well as specialised teaching and research areas for students and staff.

The precinct aims to enhance the University's engagement with the local community and promote the benefits of healthy, active lifestyles. Naturally, our sport and outdoor recreation program leaders were heavily involved in the development of this precinct.

This new addition complements existing sporting facilities which include a gym, tennis court and a synthetic hockey field. The Faculty of Education also has fully equipped exercise physiology and anatomy laboratories and the latest equipment used for teaching and research.

Outstanding teaching staff and research

Our sport and outdoor recreation academics are internationally recognised professionals. They bring a broad mix of talent to the program with strengths in teaching, leadership and research. Staff members are actively involved in many professional and community organisations and are extremely passionate about their work.

Research remains a central focus for the Faculty of Education. Our research is published widely and the results are fed directly into your learning.

Peninsula campus

The Peninsula campus is surrounded by many natural environments such as the ocean for sea kayaking, bushwalking areas, coastal bike trails, rivers for canoeing and mountains for skiing. These surroundings make this campus the ideal location for our sport and outdoor recreation programs.

The campus is within easy reach of Frankston railway station with the free university-run shuttle bus delivering you directly to and from the campus

Alternatively, the Mornington Peninsula freeway and Eastlink make it easily accessible by car. If you are a keen cyclist, you have access to great bicycle tracks and facilities.

Clayton campus

Clayton campus is the largest Monash campus and is renowned for its warm and vibrant atmosphere. It's busy at every turn from the buzz of the cafés to the studied concentration of the libraries.

For more information about the diverse Monash campuses, visit:

www.monash.edu/study/campuses

Learn locally, educate globally

Do you want to work and study around the world? Monash University recognises the importance of a globally relevant education. Supporting this concept, the Monash Passport will give you a broad menu of opportunities. The Passport will enhance your learning with enriching experiences such as international exchanges, leadership programs and volunteer opportunities.

As Australia's most international university, Monash makes it easier for you to obtain a global study experience. The University spans four continents and has more than 115 partner universities in 25 countries. Monash encourages and supports students to consider the life-changing experience of studying abroad as part of their program. The Monash Abroad Office will help you plan your overseas study, select a suitable program, organise credit and arrange enrolment.

The Faculty of Education has students from many different countries and cultural backgrounds. This diversity creates a vibrant educational community that looks outward to engage with the best the world has to offer. You will share in ideas from around the world, at a university with a global reputation for achievement.

For more information please visit:

www.monash.edu.au/study/options/more



Application, admission and fee information

Applications

Domestic applicants

If you are a citizen or permanent resident of Australia, or a citizen of New Zealand, your application should be made through the Victorian Tertiary Admissions Centre (VTAC). This applies even if you have studied Year 12 interstate or overseas.

Applications open in August and close at the end of September. Applications made after this period may incur an additional fee.

The VTAC Guide contains all the information you need to apply and can be purchased at newsagencies or downloaded from the VTAC website: www.vtac.edu.au

International students

If you're an international student studying VCE or IB in Victoria, you should apply online through the Victorian Tertiary Admissions Centre (VTAC). All other international student applications are made directly to the University.

For more information visit:

www.monash.edu/study/international/apply

Non-school leavers

If you do not meet the minimum entry requirements of VCE or equivalent, you are encouraged to undertake graded Certificate IV (or above) tertiary study at TAFE.

For more information call the TAFE course line on 13 18 23 or visit:

www.tafe.vic.gov.au/tafecourses

You may also enrol in single units through Open Universities Australia or Monash University. When you successfully complete at least two university level single units, you will meet the minimum undergraduate entry requirements. But this does not guarantee entry. Additional experience in a related field will also be considered.

For more information call Open Universities Australia on 1300 36 36 52 or visit:

www.open.edu.au

International students

Monash provides a range of services to help international students begin their studies and life in Victoria. If you're considering studying at Monash, please consult the latest Undergraduate Course Guide for information about Australian Government requirements and conditions.

For more information please visit:

www.monash.edu/study/international

English language requirements

Applicants for all programs must meet the English language requirements set by the Faculty. For up-to-date information visit:

www.education.monash.edu/students/prospective/english-requirements

Credit for prior study

Students may apply for credit to courses in the Faculty of Education for:

- previous study in an accredited course at a tertiary institution (credit transfer), or
- previous study in a non-accredited course or work experience (Recognition of Prior Learning – RPL).

For more information about these processes and to download application forms, visit:

www.education.monash.edu/students/prospective/credit.html

Working with Children Check

All students require a Working with Children Check before they begin their professional placements in schools and early childhood settings.

For more information visit:

www.education.monash.edu/placements/clearances

Scholarships

A range of attractive scholarships are available for undergraduate students. These include scholarships for outstanding academic performance and a range of equity and access scholarships.

For more information and application details, visit:

www.monash.edu/study/scholarships

Fees

Commonwealth supported places (CSP)

Australian and New Zealand citizens, Australian permanent residents and holders of humanitarian visas are eligible to apply for a Commonwealth Supported Place (CSP). Students granted a CSP get help from the government and pay a lower course fee called the student contribution amount.

For more information on CSP and to estimate your student contribution amount, visit:

www.monash.edu.au/enrolments

International students

To study at Monash, international students will have two types of fees to pay – tuition and health care fees.

For more information on international fees visit: www.monash.edu/study/international/apply/fees.html



Faculty of Education www.education.monash.edu

Berwick campus

100 Clyde Road
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Postal address

PO Box 1071
Narre Warren VIC 3805

Telephone

03 9904 7167

Email

education.berwick@monash.edu

Clayton campus

Wellington Road
Clayton VIC 3168

Postal address

Building 6
Monash University VIC 3800

Telephone

03 9905 2888

Email

education.clayton@monash.edu

Gippsland campus

Northways Road
Churchill VIC 3842

Postal address

Northways Road
Churchill VIC 3842

Telephone

03 9902 6367

Email

education.gippsland@monash.edu

Peninsula campus

McMahons Road
Frankston VIC 3199

Postal address

PO Box 527
Frankston VIC 3199

Telephone

03 9904 4291

Email

education.peninsula@monash.edu

International student enquiries

Phone: 03 9903 4788

Email: study@monash.edu

More information

The following links provide useful and up-to-date information about applying to Monash University and about professional registration requirements.

Consult the Monash online Course Finder to discover more information about our courses: www.monash.edu/study/coursefinder

Faculty of Education

www.education.monash.edu

Application procedures

www.education.monash.edu/students/prospective/howtoapply

English language requirements

www.education.monash.edu/students/prospective/english-requirements

Fees

www.monash.edu/fees

International students

www.monash.edu/study/international

Scholarships

www.monash.edu/study/scholarships

Australia Children's Education and Care Quality Authority (ACECQA)

www.acecqa.gov.au

Victorian Institute of Teaching (VIT)

www.vit.vic.edu.au

Victorian Tertiary Admissions Centre (VTAC)

www.vtac.edu.au



The Faculty of Education is supported by Victoria Teachers Mutual Bank through the provision of undergraduate scholarships.