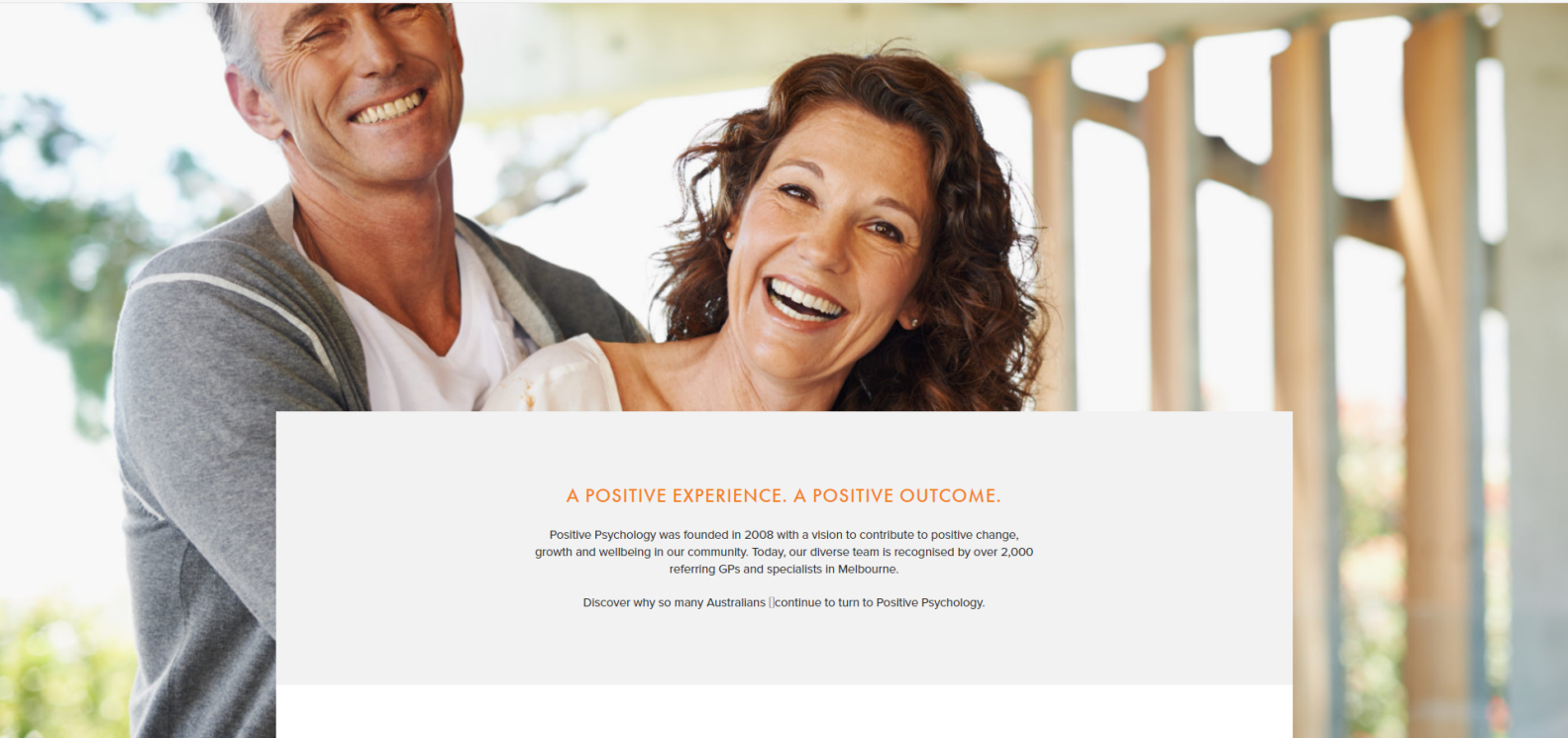


WHY POSITIVE PSYCHOLOGY?



A POSITIVE EXPERIENCE. A POSITIVE OUTCOME.

Positive Psychology was founded in 2008 with a vision to contribute to positive change, growth and wellbeing in our community. Today, our diverse team is recognised by over 2,000 referring GPs and specialists in Melbourne.

Discover why so many Australians |continue to turn to Positive Psychology.

EQUIPPED TO ADDRESS YOUR NEEDS

While some clinics focus in just one or two areas of practice, Positive Psychology works with all types of people to address all types of issues.

From mental health, addictions and trauma to family conflict, careers, assessments and reporting, we have the skills and experience you're looking for.

And once we understand your needs, we'll match you with the expert clinician most suited to you.

ACHIEVING THE PERFECT MATCH

At Positive Psychology, we believe that your wellbeing is largely dependent on a congruent match with your psychologist. And research shows that the therapeutic relationship contributes to the therapy outcome (at least) as much as the treatment method used.

That's why we have a **Client Intake Coordinator** who is dedicated to matching you with the psychologist most suited to you. We take the time to understand your specific issues and expectations before making a considered recommendation.

DIVERSE SERVICES AND ACCREDITATIONS

All our psychologists are registered NDIS providers in the Mt Eliza and Mornington area. This means that, following a mental health review by your GP, you may be eligible for up to 10 sessions (per calendar year) with any psychologist at our practice.

Positive Psychology is also an accredited provider of:

- Support for claims with TAC, Work Cover, Victims of Crime and Veteran Affairs
- Court reports and expert witnessing
- Employee Assistance Programs (EAP) for business and organisations

CONVENIENT, INCLUSIVE AND WELCOMING

At Positive Psychology, we understand you have a lot on your plate. It's not easy fitting in sessions around the demands of everyday life.

That's why we offer home visits, after-hour and weekend appointments, telehealth – as well as a family-friendly environment to ensure your children feel welcome.

And if English is your second language, that's no barrier either. We have practitioners who speak Croatian, Greek, French, Dutch and Spanish.

MORE THAN JUST CLINICIANS

When choosing a psychologist, you want to be sure of their integrity and credibility. And with Positive Psychology, you have complete peace of mind.

Every member of our team has at least one postgraduate psychology qualification. Some of us are even active and published researchers.

Positive Psychology is also renowned for its supportive teaching environment. We run regular workshops and lectures for other psychologists. And we always welcome placement students who are keen to learn.

COMPANY

- Why Positive Psychology?
- Practitioners
- Expertise
- Treatments

FAQs

- About Positive Psychology
- Fees & Rebates
- Seeing a Psychologist

HELPFUL CONTACTS

- BLOG
- CONTACT
- POLICIES
- FORMS