

Leading the way in wellbeing and work readiness training

Bounce Global delivers science-based core skills training for employment service clients, consultants and leaders. Our holistic, wraparound approach is the secret to our success – and yours.

[Discover our story >](#)

620+

.....

Programs delivered across Australia, the UK and the US.

11,843+

.....

People positively impacted – and empowered.

236+

.....

Organisations and businesses transformed.

2+

.....

Years of experience coaching teams and individuals towards wellbeing.

Our transformative programs



Bounce for your clients

Positive, purpose-driven training to prepare individuals for employment – and life.

[Learn more](#)



Bounce for your frontline staff

Tailored training to elevate the coaching prowess of your consultants. And drive positive change with ease.

[Learn more](#)



Bounce for your leaders

Training to help you and your fellow leaders create a positive work culture, motivate staff – and feel well at work.

[Learn more](#)



Bounce for your wellbeing

Programs designed for everybody who wants to get out of the funk – and into the groove.

[Learn more](#)

These organisations value wellbeing





A methodology backed by science

Feeling well in the mind does wonders for our work. That's why our programs are powered by the latest research in these psychology fields.



Positive psychology



Emotional intelligence



Behavioural nudging



Cognitive behavioural coaching

FREE RESOURCE

Activating hope in employment services

In 2023, Bounce Global produced the first comprehensive analysis of Australia's employment services sector. Now, we're giving it to you. Pioneering, meaty, compelling – this white paper outlines:

The current challenges facing frontline workers in employment services

The latest data on Australian unemployment, sector employee wellbeing and retention



The vital role of wellbeing and hope in the employment service sector

Four practical recommendations to create transformational outcomes

[Get the research >](#)

Hungry to learn more?

We get it. Our appetite for knowledge is insatiable, too.

Grab a cuppa and see what Bounce has been up to lately. Read the latest news, educational articles and professional development tips straight from the minds of our brilliant team members.

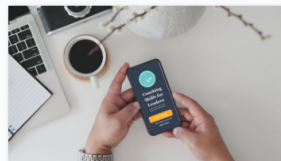


How intrinsic motivation increases meaningful participation

June 17, 2024

Intrinsic motivation can be a powerful driver for people navigating the journey toward employment. This type of motivation, which comes from within and is fuelled by personal satisfaction and passion, can be a game-changer in a job search. And tapping into it is the key.

[Read More >>](#)

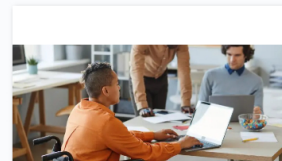


Small but mighty: Exploring the benefits of micro-credentials

May 7, 2024

The end of the financial year is looming, and investing in the professional development of yourself and your people is a great idea if you've got some unspent funds in your budget.

[Read More >>](#)



Disability Employment Services: Activating Hope through Excellence

April 24, 2024

The Australian Government's recent Options Paper for the new proposed Disability Employment Centre of Excellence is another example of the changing landscape of employment services.

[Read More >>](#)

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Bounce is a group of people looking to make positive changes in people's lives. Since 2006, we've been teaching essential soft skills like communication, emotional intelligence, rapport and heaps more, to help people from all over find their way.



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Bounce Global acknowledges the Traditional Custodians of country throughout Australia and their connections to land, water and community. We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.

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